# **SACRED HEART OF JESUS - NEWSLETTER**

Parish Priest – Fr Graziano de Palma

Contact Details: Presbytery Phone – 01795 472619 – Office Phone – 01795 555708

Office Hours: Mon, Weds & Fri 9am -1pm [sittingbourne@rcaos.org.uk](mailto:sittingbourne@rcaos.org.uk)

**For your personal use, please take this newsletter away with you**

Saturday **SIXTEENTH SUNDAY OF ORDINARY TIME**

17th July 4.30pm Confession

5pm Gerard O’Leary R.I.P.

Sunday 18th July 9.30am People of the Parish

Sunday 18th July 11am Mass for the recently bereaved

2.00pm Blessing of the Graves

Monday 19th July **NO MASS**

Tuesday 20th July 6pm For the Priests of our Parish, past & present.

Wednesday 21st July 10am Anniebesant & Ceferino Aldas R.I.P.

Thursday **St Mary Magdalene**

22nd July 10am Eileen Middleton 104th Birthday

Friday **St Bridget**

23rd July 10am Wellbeing of Angela Hammond

Followed by Adoration & Chaplet of the Precious Blood

Saturday **SEVENTEENTH SUNDAY OF ORDINARY TIME**

24th July 4.30pm Confession

5pm Catherine Mazera R.I.P.

Sunday 25th July 9.30am Wellbeing of Jasmine Safa

Sunday 25th July 11am People of the Parish

12 Noon Baptism – Ellie Stamp

2pm Parish BBQ

**Please remember to book your place at Mass by emailing the office at sittingbourne@rcaos.org.uk or phoning on Fridays 9am-3pm**

Parish News

**\*\*\* IMPORTANT NOTICE ABOUT AUGUST MASSES \*\*\***

**Dear Parishioners, As you are all probably aware, due to the pandemic, restrictions on travel etc, I have not had a holiday allowing me to be able to visit my family in Italy, since the month before I arrived in the Parish back in September 2019. Therefore this year, I will be on leave for the entire month of August. It has been difficult to obtain supply cover as of course there are few “visiting supply Priests”.**

**During August there will be no weekday Mass and at the weekends starting from Sunday 1st August Mass will be at 9am only on Sundays, and 5pm on Saturdays.**

**\*\*\*\*\*\*\*\*\*\* SO THAT IS ONE MASS ONLY ON A SUNDAY AT 9AM \*\*\*\*\*\*\*\*\*\*\*\***

**Please note, during August the Parish Office will be closed to personal callers, please telephone and leave a message or send an email,both of which will be answered as soonas possible. Thank you.**

**First Holy Communion**

**If you have not already done so, and you wish for your child to participate in the First Holy Communion preparation classes, then please register their name , dob, school year group and your contact details by email with the Parish Office.** [**sittingbourne@rcaos.org.uk**](mailto:sittingbourne@rcaos.org.uk)

**\*\*\*\*\*If you wish to attend the BBQ next Sunday 25th at 2pm, please ensure you have booked in with the office so that we know numbers for catering purposes. Lets hope the sun is shining! \*\*\*\*\***

**COVID-19 MEASURES – PLEASE NOTE THAT MOST MEASURES REMAIN IN PLACE: UPDATED AS OF 16/7/2021**

* Booking for weekend Masses is still required before attending Mass by email or calling the Parish Office (Monday, Wednesday, 9am - 1pm, Friday 9am - 3pm) providing full name, contact number and email/home address. This is to follow the NHS “Track and Trace” system imposed by the Government
* Body temperature check with the help of a steward
* Proper wearing of face coverings is now personal choice, but it is strongly recommended that you continue to wear your face covering.
* Using the “ONE WAY SYSTEM” entering the main front door and leaving by the side door of the church
* Congregational singing will return in September
* Sign of the peace is omitted
* Children are not allowed to wander around the church for their own protection and other people’s safety
* Votive candles are available
* The congregation is invited to leave immediately after the Holy Mass allowing the stewards to sanitize the church
* Following the Social Distancing rule of 1 metre or more, we can now accomodate 86 people. (The seating areas have green signage). Please follow the guidance of the stewards.
* We have reintroduced bidding prayers
* The Offertory Procession is reintroduced with those involved sanitising their hands immediately before they touch the sacred vessel or other gifts
* The Holy Communion will continue to be under one kind and the Minister will continue to wear a face covering and it is permitted to announce “the Body of Christ” for each communicant. Communion is recommended to be distributed in the hands, but if people wish to receive on the tongue, then they should wait until the end of the communion line and receive then. Communion on the tongue exposes the ministers’ hands to their aerosol and inccreases the possibility of viral infections. He will have to sanitize his hands again immediately after.

# **16th Sunday in Ordinary Time – Year B**

### Entrance Antiphon.

See, I have God for my help, the lord sustains my soul. I will sacrifice to you a willing heart, and praise your name, O Lord, for it is good.

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

**C.** The Lord be with you

**All. And with your Spirit**

**All: I confess to almighty God**

**And you my brothers and sisters,**

**That I have greatly sinned,**

**In my thoughts and in my words,**

**In what I have done and in what I have failed to do,**

**through my fault, through my fault,**

**through my most grievous fault;**

**therefore, I ask blessed Mary ever-virgin,**

**all the Angels and Saints,**

**and you my brothers and sisters,**

**to pray for me to the Lord our God.**

**C:** Lord, have mercy. **All:** **Lord, have mercy.**

**C:** Christ have mercy**. All:** **Christ have mercy.**

**C:** Lord, have mercy. **All:** **Lord, have mercy.**

**All: Glory to God in the highest**

**And on earth peace to people of goodwill.**

**We praise you,**

**We bless you,**

**We adore you; we glorify you; we give you thanks for your great glory,**

**Lord God, heavenly King,**

**O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,**

**Lord God, Lamb of God, Son of the father,**

**You take away the sins of the world, have mercy on us;**

**You take away the sins of the world, receive our prayer;**

**You are seated at the right hand of the Father,**

**Have mercy on us.**

**For you alone are the Holy One,**

**You alone are the Lord,**

**You alone are the Most High**

**Jesus Christ,**

**With the Holy Spirit,**

**In the glory of God the Father.**

**Amen**

**C:** Let us pray.

**First Reading Jeremiah 23:1-6**

‘Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered – it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds – it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost – it is the Lord who speaks!

‘See, the days are coming – it is the Lord who speaks –

when I will raise a virtuous Branch for David,

who will reign as true king and be wise,

practising honesty and integrity in the land.

In his days Judah will be saved

and Israel dwell in confidence.

And this is the name he will be called:

The-Lord-our-integrity.’

The word of the Lord.

**Psalm: 22. R.v.1**

**Response: *The Lord is my shepherd: there is nothing I shall want.***

The Lord is my shepherd;

there is nothing I shall want.

Fresh and green are the pastures

where he gives me repose.

Near restful waters he leads me,

to revive my drooping spirit. ***R#***

He guides me along the right path;

he is true to his name.

If I should walk in the valley of darkness

no evil would I fear.

You are there with your crook and your staff;

with these you give me comfort. ***R#***

You have prepared a banquet for me

in the sight of my foes.

My head you have anointed with oil;

my cup is overflowing. ***R#***

Surely goodness and kindness shall follow me

all the days of my life.

In the Lord’s own house shall I dwell

for ever and ever. ***R#***

**Second Reading Ephesians 2:13-18**

In Christ Jesus, you that used to be so far apart from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God: in his own person he killed the hostility. Later he came to bring the good news of peace, peace to you who were far away and peace to those who were near at hand. Through him, both of us have in the one Spirit our way to come to the Father.

The word of the Lord

**Alleluia, alleluia!**

The sheep that belong to me listen to my voice,

says the Lord, I know them and they follow me.

**Alleluia!**

**Priest:** The Lord be with you

**All: And with your Spirit.**

**Priest:** A reading from the Holy Gospel according to ….

**All: Glory to you, O Lord.**

**Gospel Mark 6:30-34**

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, ‘You must come away to some lonely place all by yourselves and rest for a while’; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

**Priest:** The Gospel of the Lord

**All: Praise to you, Lord Jesus Christ.**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (all bow) and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

**Liturgy of the Eucharist:**

C: Pray, brethren….

**All: May the Lord accept the sacrifice at your hands**

**for the praise and glory of his name**

**for our good and the good of all his holy Church.**

**C**: The Lord be with you **All:** **and with your Spirit**

**C**: Lift up your hearts. **All: We lift them up to the Lord.**

**C:** Let us give thanks to the Lord our God. **All: it is right and just.**

**All: Holy, Holy, Holy, Lord God of hosts**

**Heaven and earth are full of your glory**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

**Lord’s Prayer: Our** **Father**…

**C:** ……. And the coming of our Saviour, Jesus Christ.

**All:** **For the kingdom, the power and the glory are yours now and for ever.**

**All: Lamb of God, you take away the sins of the world, have mercy on us.**

**Lamb of God, you take away the sins of the world, have mercy on us.**

**Lamb of God, you take away the sins of the world, grant us peace.**

**C:** Behold the Lamb of God…….

**All: Lord, I am not worthy**

**that you should enter under my roof,**

**but only say the word**

**and my soul shall be healed.**

***(Before the Celebrant receives Communion, he will elevate the Host and* then elevate the *Chalice. Holy Communion then follows the Concluding Rites.)***

**C: THE BODY OF CHRIST. All: AMEN**

**C: THE BLOOD OF CHRIST. All: AMEN**

**Communion Antiphon: Ps.110:4-5**

The Lord, the gracious, the merciful, has made a memorial of his wonders;

he gives food to those who fear him.

**C:** Let us Pray……….

**C:** The Lord be with you

**All: And with your Spirit.**

C:May Almighty God bless you,

The Father, and the Son, and the Holy Spirit.

**All: Amen**

**Priest:** Go in peace, glorifying the Lord by your life.

**All: Thanks be to God.**