# **SACRED HEART OF JESUS - NEWSLETTER**

Parish Priest – Fr Graziano de Palma

Contact Details: Presbytery Phone – 01795 472619 – Office Phone – 01795 555708

Office Hours: Mon, Weds & Fri 9am -1pm [sittingbourne@rcaos.org.uk](mailto:sittingbourne@rcaos.org.uk)

# **For your personal use, please take this newsletter away with you**

**PARISH NEWS**

Advance notice for Lent **……**

**Follow me – Retreat for Lent introduced by Archbishop John Wilson**

The Archbishop of Southwark is offering a retreat experience for parishes during Lent 2021, beginning on the first Sunday of Lent and ending in Holy week.

For each week of Lent, the Spirituality Commission will provide a video exploring themes connected with the Sunday Gospel. The input will be available in advance, so that it can be viewed at any time. The video will be accomplished by suggestions for prayer and reflection through the week.

**Please watch the newsletter for further details. Please consider sharing this journey together.**

Saturday 6th February 5pm People of the Parish

Sunday 7th February 9.30am Clive Warren R.I.P

Sunday 7th February 11am Derek Turner R.I.P.

Monday 8th February NO MASS

Tuesday 9th February 6pm Anne Donaldson R.I.P

Wednesday 10th February 10am Rita Thomas R.I.P

Thursday 11th February 10am Anne Donaldson R.I.P

Friday 12th February 10am Personal Intention

Saturday 13th February 5pm Anne Donaldson R.I.P

Sunday 14th February 9.30am People of the Parish

Sunday 14th February 11am Eileen Cesana R.I.P.

**No Congregational Mass Tuesday, Wednesday and Thursday.**

**Please join me on face book.**

**Mass with a congregation will be Friday at 10am.**

**Saturday at 5pm and Sunday at 9.30 and 11am.**

**Please remember to book your place**

**5th Sunday in Ordinary Time – Year B**

**Entrance Antiphon.**

O come, let us worship God and bow low before God who made us,

For he is the Lord our God

.

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

**C.** The Lord be with you

**All. And with your Spirit**

**All: I confess to almighty God**

**And you my brothers and sisters,**

**That I have greatly sinned,**

**In my thoughts and in my words,**

**In what I have done and in what I have failed to do,**

**through my fault, through my fault,**

**through my most grievous fault;**

**therefore, I ask blessed Mary ever-virgin,**

**all the Angels and Saints,**

**and you my brothers and sisters,**

**to pray for me to the Lord our God.**

**C:** Lord, have mercy. **All:** **Lord, have mercy.**

**C:** Christ have mercy**. All:** **Christ have mercy.**

**C:** Lord, have mercy. **All:** **Lord, have mercy.**

**All: Glory to God in the highest**

**And on earth peace to people of goodwill.**

**We praise you,**

**We bless you,**

**We adore you; we glorify you; we give you thanks for your great glory,**

**Lord God, heavenly King,**

**O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,**

**Lord God, Lamb of God, Son of the father,**

**You take away the sins of the world, have mercy on us;**

**You take away the sins of the world, receive our prayer;**

**You are seated at the right hand of the Father,**

**Have mercy on us.**

**For you alone are the Holy One,**

**You alone are the Lord,**

**You alone are the Most High**

**Jesus Christ,**

**With the Holy Spirit,**

**In the glory of the Father.**

**Amen**

**C:** Let us pray.

**First Reading Job 7:1-4,6-7**

Job began to speak:

Is not man’s life on earth nothing more than pressed service,

his time no better than hired drudgery?

Like the slave, sighing for the shade,

or the workman with no thought but his wages,

months of delusion I have assigned to me,

nothing for my own but nights of grief.

Lying in bed I wonder, ‘When will it be day?’

Risen I think, ‘How slowly evening comes!’

Restlessly I fret till twilight falls.

Swifter than a weaver’s shuttle my days have passed,

and vanished, leaving no hope behind.

Remember that my life is but a breath,

and that my eyes will never again see joy.

The word of the Lord.

**Response: Praise the Lord who heals the broken – hearted. Ps. 146:1-6. R. v. 3**

Praise the Lord for he is good;

sing to our God for he is loving:

to him our praise is due. ***R#***

The Lord builds up Jerusalem

and brings back Israel’s exiles,

he heals the broken-hearted,

he binds up all their wounds.

He fixes the number of the stars;

he calls each one by its name. ***R#***

Our Lord is great and almighty;

his wisdom can never be measured.

The Lord raises the lowly;

he humbles the wicked to the dust. ***R#***

**Second Reading 1 Corinthians 9:16-19,22-23**

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

The word of the Lord

**Alleluia, alleluia!**

He took our sicknesses away,

And carried our diseases for us**.**

**Alleluia!**

**Priest:** The Lord be with you

**All: And with your Spirit.**

**Priest:** A reading from the Holy Gospel according to ….

**All: Glory to you, O Lord.**

**Gospel Mark 1:29-39**

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon’s mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, ‘Everybody is looking for you.’ He answered, ‘Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.’ And he went all through Galilee, preaching in their synagogues and casting out devils.

**Priest:** The Gospel of the Lord

**All: Praise to you, Lord Jesus Christ.**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (all bow) and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

**Liturgy of the Eucharist:**

C: Pray, brethren….

**All: May the Lord accept the sacrifice at your hands**

**for the praise and glory of his name**

**for our good and the good of all his holy Church.**

**C**: The Lord be with you **All:** **and with your Spirit**

**C**: Lift up your hearts. **All: We lift them up to the Lord.**

**C:** Let us give thanks to the Lord our God. **All: it is right and just.**

**All: Holy, Holy, Holy, Lord God of hosts**

**Heaven and earth are full of your glory**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

**Lord’s Prayer: Our** **Father**…

**C:** ……. And the coming of our Saviour, Jesus Christ.

**All:** **For the kingdom, the power and the glory are yours now and for ever.**

**All: Lamb of God, you take away the sins of the world, have mercy on us.**

**Lamb of God, you take away the sins of the world, have mercy on us.**

**Lamb of God, you take away the sins of the world, grant us peace.**

**C:** Behold the Lamb of God…….

**All: Lord, I am not worthy**

**that you should enter under my roof,**

**but only say the word**

**and my soul shall be healed.**

***(Before the Celebrant receives Communion, he will elevate the Host and* then elevate the *Chalice. Holy Communion then follows the Concluding Rites.)***

**C: THE BODY OF CHRIST. All: AMEN**

**C: THE BLOOD OF CHRIST. All: AMEN**

**C: Let us Pray……….**

**C:** The Lord be with you

**All: And with your Spirit.**

C:May Almighty God bless you,

The Father, and the Son, and the Holy Spirit.

**All: Amen**

**Priest:** Go in peace, glorifying the Lord by your life.

**All: Thanks be to God.**