# **SACRED HEART OF JESUS - NEWSLETTER**

Parish Priest – Fr Graziano de Palma

Contact Details: Presbytery Phone – 01795 472619 – Office Phone – 01795 555708

Office Hours: Mon, Weds & Fri 9am -1pm [sittingbourne@rcaos.org.uk](mailto:sittingbourne@rcaos.org.uk)

**For your personal use, please take this newsletter away with you**

Saturday **FIRST SUNDAY OF ADVENT YEAR C**

27th November 4.30pm Confession

5pm Holy Souls

Sunday 28th November 9.30am Wellbeing of Hazel Wilson

Tea & Coffee After Mass

11am People of the Parish.

12 Noon Baptism – Otto Okamgba

Monday 29th November **NO MASS**

Tuesday 30th November  **St Andrew, Patron Saint of Scotland**

6pm Holy Souls

Wednesday 1st December 10am Natale Valente R.I.P.

7.30pm FHC Parent Session in Church

Thursday 2nd December 10am Wellbeing Kathy Blythe & Paul Dorrian

Friday 3rd December **St Francis Xavier**

10am James Heyes R.I.P.

followed by Adoration & Chaplet of the Precious Blood

Saturday **SECOND SUNDAY OF ADVENT YEAR C**

4th December 4.30pm Confession

5pm Melissa Burton R.I.P.

Sunday 5th December 9.30am Wellbeing of Valerie Jennings

FHC Children at Mass – **NO TEA & COFFEE**

11am People of the Parish.

**Parish News**

**SUNDAY OBLIGATION – HONOURING SUNDAY**

**A message from the Catholic Bishops of England & Wales:**

“We now encourage all Catholics to look again at the patterns which they have formed in recent months with regard to going to Mass on Sundays. This would include consideration and reflection about what we might do on Sundays, such as sports or shopping, or other leisure and social activities. This review, and the decisions which arise from it, fall to every Catholic and we trust this will be done with honesty, motivated by a real love for the Lord whom we encounter in the Mass.

At this time, we recognise that for some people there may be certain factors which hinder attendance at Sunday Mass. The pandemic is clearly not over. The risk of infection is still present. For some, there is legitimate fear in gathering together. As your bishops, we recognise that these prevailing circumstances suggest that not everyone is yet in the position to fulfil the absolute duty to attend freely Sunday Mass”.

**SYNOD PROCESS – FIRST PHASE**

My thanks to all the parishioners who participated in the first phase of the Synod process. Special thanks to Aneta and Sherwyn our parish representatives who organised the three sessions.

**AFTERNOON TEA ON SUNDAY the 28th November.**

For those that have booked “See you Sunday” Don’t forget your Christmas Jumper. A contribution of £5 would be appreciated. Thank you.

**DECEMBER FOOD & TOILETRIES COLLECTION FOR THE NEEDY**

Continuing into December, we would ask you to bring in any non-perishable food and toiletries that you can spare, for those in our Parish who are in need. Christmas can be a very distressing time for our families and the elderly. Similarly, if you know of any families or elderly person that would benefit, please let Fr Graziano know. This will of course, be confidential to the individual. Thank you again for your continued support.

**Tea & Coffee**

Tea & Coffee after 9.30am Mass will resume **(on most weeks)** from this Sunday the 28th November. If you are willing to help by joining the rota, please contact the office.

**Lucky Numbers Results** – **October**- 1st – 150, 2nd – 80, 3rd -103, 4th – 4. **November** – 141, 2nd – 97, 3rd – 99, 4th – 80

We desperately require new participants to the Lucky Numbers Scheme as we have lost a few unfortunately. It costs just £12, paid annually but gives you 4 chances a month to win a cash prize. All proceeds go to the Church. Please contact the Parish Office to be allocated a number or numbers and to pay your £12 per number.

Next draw will take place during Tea & Coffee on Sunday 5th December 2021

**COVID-19 MEASURES – PLEASE NOTE THAT MOST MEASURES REMAIN IN PLACE**

* Proper wearing of face coverings is now personal choice, but it is strongly recommended that you continue to wear your face covering.
* Using the “ONE WAY SYSTEM” entering the main front door and leaving by the side door of the church
* Congregational singing is now allowed.
* Sign of the peace is omitted
* Children are not allowed to wander around the church for their own protection and other people’s safety
* Votive candles are available
* Following the Social Distancing rule of 1 metre or more, we can now accomodate 86 people. (The seating areas have green signage).
* We have reintroduced bidding prayers
* The Offertory Procession will be reintroduced when music is available, with those involved sanitising their hands immediately before they touch the sacred vessel or other gifts
* The Holy Communion will continue to be under one kind and the Minister will continue to wear a face covering and it is permitted to announce “the Body of Christ” for each communicant. Communion is recommended to be distributed in the hands, but if people wish to receive on the tongue, then they should wait until the end of the communion line and receive then. Communion on the tongue exposes the ministers’ hands to their aerosol and inccreases the possibility of viral infections. He will have to sanitize his hands again immediately after.

# **FIRST SUNDAY OF ADVENT – YEAR C**

### Entrance Antiphon.

To you, I lift up my soul, O my God. In you, I have trusted;

let me not be put to shame. Nor let my enemies exult over me;

and let none who hope in you be put to shame.

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

**C.** The Lord be with you. **All. And with your Spirit**

**All: I confess to almighty God**

**And you my brothers and sisters,**

**That I have greatly sinned,**

**In my thoughts and in my words,**

**In what I have done and in what I have failed to do,**

**through my fault, through my fault,**

**through my most grievous fault;**

**therefore, I ask blessed Mary ever-virgin,**

**all the Angels and Saints,**

**and you my brothers and sisters,**

**to pray for me to the Lord our God.**

**C:** Lord, have mercy. **All:** **Lord, have mercy.**

**C:** Christ have mercy**. All:** **Christ have mercy.**

**C:** Lord, have mercy. **All:** **Lord, have mercy.**

**All: Glory to God in the highest**

**And on earth peace to people of goodwill.**

**We praise you,**

**We bless you,**

**We adore you; we glorify you; we give you thanks for your great glory,**

**Lord God, heavenly King,**

**O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,**

**Lord God, Lamb of God, Son of the father,**

**You take away the sins of the world, have mercy on us;**

**You take away the sins of the world, receive our prayer;**

**You are seated at the right hand of the Father,**

**Have mercy on us.**

**For you alone are the Holy One,**

**You alone are the Lord,**

**You alone are the Most High**

**Jesus Christ,**

**With the Holy Spirit,**

**In the glory of God the Father.**

**Amen**

**C:** Let us pray.

**First Reading Jeremiah 33:14-16**

See, the days are coming – it is the Lord who speaks – when I am going to fulfil the promise I made to the House of Israel and the House of Judah:

‘In those days and at that time,

I will make a virtuous Branch grow for David,

who shall practise honesty and integrity in the land.

In those days Judah shall be saved

and Israel shall dwell in confidence.

And this is the name the city will be called:

The-Lord-our-integrity.’

The word of the Lord.

**Psalm: 24(25):4-5, 8-9, 10, 14**

***R: To you, O Lord, I lift up my soul.***

Lord, make me know your ways.

Lord, teach me your paths.

Make me walk in your truth, and teach me:

for you are God my saviour. ***R#***

The Lord is good and upright.

He shows the path to those who stray,

He guides the humble in the right path,

He teaches his way to the poor. ***R#***

His ways are faithfulness and love

for those who keep his covenant and law.

The Lord’s friendship is for those who revere him;

to them he reveals his covenant. ***R#***

**Second Reading Hebrews 10:11-14,18**

May the Lord be generous in increasing your love and make you love one another and the whole human race as much as we love you. And may he so confirm your hearts in holiness that you may be blameless in the sight of our God and Father when our Lord Jesus Christ comes with all his saints. Finally, brothers, we urge you and appeal to you in the Lord Jesus to make more and more progress in the kind of life that you are meant to live: the life that God wants, as you learnt from us, and as you are already living it. You have not forgotten the instructions we gave you on the authority of the Lord Jesus. The word of the Lord

**Alleluia, alleluia!**

Let us see, O Lord, your mercy

and give us your saving help.

**Alleluia!**

**Priest:** The Lord be with you.

**All: And with your Spirit.**

**Priest:** A reading from the Holy Gospel according to Luke.

**All: Glory to you, O Lord.**

**Gospel Luke 21:25-28, 34-36**

Jesus said to his disciples: ‘There will be signs in the sun and moon and stars; on earth nations in agony, bewildered by the clamour of the ocean and its waves; men dying of fear as they await what menaces the world, for the powers of heaven will be shaken. And then they will see the Son of Man coming in a cloud with power and great glory. When these things begin to take place, stand erect, hold your heads high, because your liberation is near at hand. ‘Watch yourselves, or your hearts will be coarsened with debauchery and drunkenness and the cares of life, and that day will be sprung on you suddenly, like a trap. For it will come down on every living man on the face of the earth. Stay awake, praying at all times for the strength to survive all that is going to happen, and to stand with confidence before the Son of Man.’

**Priest:** The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ.**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (all bow) and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

**Liturgy of the Eucharist:**

C: Pray, brethren….

**All: May the Lord accept the sacrifice at your hands**

**for the praise and glory of his name**

**for our good and the good of all his holy Church.**

**C**: The Lord be with you **All:** **and with your Spirit**

**C**: Lift up your hearts. **All: We lift them up to the Lord.**

**C:** Let us give thanks to the Lord our God. **All: it is right and just.**

**All: Holy, Holy, Holy, Lord God of hosts**

**Heaven and earth are full of your glory**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

**Lord’s Prayer: Our** **Father**…

**C:** ……. And the coming of our Saviour, Jesus Christ.

**All:** **For the kingdom, the power and the glory are yours now and for ever.**

**All: Lamb of God, you take away the sins of the world, have mercy on us.**

**Lamb of God, you take away the sins of the world, have mercy on us.**

**Lamb of God, you take away the sins of the world, grant us peace.**

**C:** Behold the Lamb of God…….

**All: Lord, I am not worthy**

**that you should enter under my roof,**

**but only say the word**

**and my soul shall be healed.**

**Communion Antiphon:**

The Lord will bestow his bounty, **Ps 84:13**

And our earth shall yield its increase.

**C:** Let us Pray……….

**C:** The Lord be with you

**All: And with your Spirit.**

C:May Almighty God bless you,

The Father, and the Son, and the Holy Spirit.

**All: Amen**

**Priest:** Go in peace, glorifying the Lord by your life.

**All: Thanks be to God.**