# **SACRED HEART OF JESUS –NEWSLETTER**

Parish Priest – Fr Graziano de Palma

Contact Details: Office Phone – 01795 555708

Office Hours: Mon, Weds & Fri 9am -1pm sittingbourne@rcaos.org.uk

**For your personal use, please take this newsletter away with you**

Saturday **THIRD SUNDAY OF ORDINARY TIME**

22nd January 4.30pm **NO** **CONFESSION**

5pm People of the Parish

Sunday 23rd January 9.00amClive Warren R.I.P

Monday **St Francis De Sales, Bishop & Doctor of the Church**

24th January **NO MASS**

Tuesday **The conversion of St Paul the Apostle**

25th January  6pmThe Blythin Family

Wednesday **Sts Timothy & Titus, Bishops**

26th January 10am Wellbeing of Fr Graziano

Thursday 27th January 10am The FHC Children

 4pm FHC Confession

Friday **St Thomas Aquinas, Priest & Doctor of the Church**

28th January 10am Angelo de Palma R.I.P.

 followed by Adoration & Chaplet of the Precious Blood4pmFHC Confession

Saturday **FOURTH SUNDAY OF ORDINARY TIME**

29th January 11am First Holy Communion Mass

2pm First Holy Communion Mass

4.30pm **CONFESSION**

5pm People of the Parish

Sunday 30th January 9.30amMary Conlan R.I.P.

 10.30am Tea & Coffee in the O’Sullivan Centre

11.00am The FHC Children of the Parish

**PARISH NEWS**

**A Big Thank You!**

We take this opportunaity to thank Fr Gary and Fr Tom for coming along this weekend to celebrate Mass at short notice!

**Date for your Diary:**

Just to let you know, the Bingo night planned for the 29th January 2022 has been cancelled and will be rescheduled at a date in the furture, watch this space.

**Children of the Parish receiving First Holy Communion next weekend, please keep them and their families in your prayers:-**

**Bernadette Alvin Caitlin Maja Amelia Antoinete**

**Liliana Harvey Oluwatimileyin Henrikas Tharuli**

**Robert Natalia Michal Jagoda Patryk Kaitlyn**

**Alec Nathan Sophia Patryk Isabella Artur**

**COVID-19 MEASURES – PLEASE NOTE THAT MOST MEASURES REMAIN IN PLACE**

* Wearing of face coverings is now again required, unless you are unable to for medical reasons.
* Using the “ONE WAY SYSTEM” entering the main front door and leaving by the side door of the church
* Congregational singing is now allowed.
* Sign of the peace is omitted
* Children are not allowed to wander around the church for their own protection and other people’s safety
* Votive candles are available
* Following the Social Distancing rule of 1 metre or more, we can now accomodate 86 people. (The seating areas have green signage).
* We have reintroduced bidding prayers
* The Offertory Procession will be reintroduced when music is available, with those involved sanitising their hands immediately before they touch the sacred vessel or other gifts
* The Holy Communion will continue to be under one kind and the Minister will continue to wear a face covering and it is permitted to announce “the Body of Christ” for each communicant. Communion is recommended to be distributed in the hands, but if people wish to receive on the tongue, then they should wait until the end of the communion line and receive then. Communion on the tongue exposes the ministers’ hands to their aerosol and inccreases the possibility of viral infections. He will have to sanitize his hands again immediately after.

### Third Sunday in Ordinary Time – Year C

### Entrance Antiphon.

O sing a new song to the Lord; sing to the Lord, all the earth. In his presence are

majesty and splendour, strength and honour in his holy place.

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

**C.** The Lord be with you **All. And with your Spirit**

**All: I confess to almighty God**

**And you my brothers and sisters,**

**That I have greatly sinned,**

**In my thoughts and in my words,**

**In what I have done and in what I have failed to do,**

**through my fault, through my fault,**

**through my most grievous fault;**

**therefore, I ask blessed Mary ever-virgin,**

**all the Angels and Saints,**

**and you my brothers and sisters,**

**to pray for me to the Lord our God.**

**C:** Lord, have mercy. **All:** **Lord, have mercy.**

**C:** Christ have mercy**. All:** **Christ have mercy.**

**C:** Lord, have mercy. **All:** **Lord, have mercy.**

**All: Glory to God in the highest**

**And on earth peace to people of goodwill.**

**We praise you,**

**We bless you,**

**We adore you; we glorify you; we give you thanks for your great glory,**

**Lord God, heavenly King,**

**O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,**

**Lord God, Lamb of God, Son of the father,**

**You take away the sins of the world, have mercy on us;**

**You take away the sins of the world, receive our prayer;**

**You are seated at the right hand of the Father,**

**Have mercy on us.**

**For you alone are the Holy One,**

**You alone are the Lord,**

**You alone are the Most High**

**Jesus Christ,**

**With the Holy Spirit,**

**In the glory of the Father.**

**Amen**

**C:** Let us pray.

**First Reading Nehemiah 8:2-6,8-10**

Ezra the priest brought the Law before the assembly, consisting of men, women, and children old enough to understand. This was the first day of the seventh month. On the square before the Water Gate, in the presence of the men and women, and children old enough to understand, he read from the book from early morning till noon; all the people listened attentively to the Book of the Law. Ezra the scribe stood on a wooden dais erected for the purpose. In full view of all the people – since he stood higher than all the people – Ezra opened the book; and when he opened it all the people stood up. Then Ezra blessed the Lord, the great God, and all the people raised their hands and answered, ‘Amen! Amen!’; then they bowed down and, face to the ground, prostrated themselves before the Lord. And Ezra read from the Law of God, translating and giving the sense, so that the people understood what was read. Then Nehemiah – His Excellency – and Ezra, priest and scribe and the Levites who were instructing the people said to all the people, ‘This day is sacred to the Lord your God. Do not be mournful, do not weep.’ For the people were all in tears as they listened to the words of the Law. He then said, ‘Go, eat the fat, drink the sweet wine, and send a portion to the man who has nothing prepared ready. For this day is sacred to our Lord. Do not be sad: the joy of the Lord is your stronghold.’

The word of the Lord.

**Psalm: 18:8-10,15. R. Jn.6:63**

**Response: *Your words are spirit, Lord, and they are life.***

The law of the Lord is perfect,

it revives the soul.

The rule of the Lord is to be trusted,

it gives wisdom to the simple. **R#**

The precepts of the Lord are right,

they gladden the heart.

The command of the Lord is clear,

it gives light to the eyes. **R#**

The fear of the Lord is holy,

abiding for ever.

The decrees of the Lord are truth

and all of them just. **R#**

May the spoken words of my mouth,

the thoughts of my heart,

win favour in your sight, O Lord,

my rescuer, my rock! **R#**

**Second Reading (Short Form) 1 Corinthians 12:12-14,27**

Just as a human body, though it is made up of many parts, is a single unit because all these parts, though many, make one body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink. Nor is the body to be identified with any one of its many parts. Now you together are Christ’s body; but each of you is a different part of it.

The word of the Lord.

**Gospel Acclamation:**

**Alleluia, alleluia!**

The Lord has sent me to bring the good news to the poor,

to proclaim liberty to captives.

**Alleluia!**

**Priest:** The Lord be with you **All: And with your Spirit.**

**Priest:** A reading from the Holy Gospel according to …. **All: Glory to you, O Lord.**

**Gospel Luke 1:1-4,4:14-21**

Seeing that many others have undertaken to draw up accounts of the events that have taken place among us, exactly as these were handed down to us by those who from the outset were eyewitnesses and ministers of the word, I in my turn, after carefully going over the whole story from the beginning, have decided to write an ordered account for you, Theophilus, so that your Excellency may learn how well founded the teaching is that you have received. Jesus, with the power of the Spirit in him, returned to Galilee; and his reputation spread throughout the countryside. He taught in their synagogues and everyone praised him. He came to Nazara, where he had been brought up, and went into the synagogue on the sabbath day as he usually did. He stood up to read and they handed him the scroll of the prophet Isaiah. Unrolling the scroll he found the place where it is written: The spirit of the Lord has been given to me, for he has anointed me. He has sent me to bring the good news to the poor, to proclaim liberty to captives and to the blind new sight, to set the downtrodden free, to proclaim the Lord’s year of favour. He then rolled up the scroll, gave it back to the assistant and sat down. And all eyes in the synagogue were fixed on him. Then he began to speak to them, ‘This text is being fulfilled today even as you listen.’

**Priest:** The Gospel of the Lord **All: Praise to you, Lord Jesus Christ.**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (all bow) and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

**Liturgy of the Eucharist:**

C: Pray, brethren….

**All: May the Lord accept the sacrifice at your hands**

**for the praise and glory of his name**

**for our good and the good of all his holy Church.**

**C**: The Lord be with you **All:** **and with your Spirit**

**C**: Lift up your hearts. **All: We lift them up to the Lord.**

**C:** Let us give thanks to the Lord our God. **All: it is right and just.**

**All: Holy, Holy, Holy, Lord God of hosts**

**Heaven and earth are full of your glory**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

**Lord’s Prayer: Our** **Father**…

**C:** ……. And the coming of our Saviour, Jesus Christ.

**All:** **For the kingdom the power and the glory are yours now and for ever.**

**All: Lamb of God, you take away the sins of the world, have mercy on us.**

**Lamb of God, you take away the sins of the world, have mercy on us.**

**Lamb of God, you take away the sins of the world, grant us peace.**

**C:** Behold the Lamb of God………………

**All: Lord, I am not worthy**

**that you should enter under my roof,**

**but only say the word**

**and my soul shall be healed.**

**Communion Antiphon:**

Look toward the Lord and be radiant; let your faces not be abashed**. Cf. Ps 33:6**

 **OR**

I am the light of the world, says the Lord; whoever follows me will **Jn 8:12**

not walk in darkness, but will have the light of life.

**C: Let us Pray……….**

**C:** The Lord be with you

**All: And with your Spirit.**

C:May Almighty God bless you,

The Father, and the Son, and the Holy Spirit.

**All: Amen**

**Priest:** Go in peace, glorifying the Lord by your life.

### All: Thanks be to God